

OCTOBER 2026 WELLNESS CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Women Empowering Single Moms 6:00PM-7:00PM, New Day Family Success Center 18 Martin Luther King Jr	2 Sensory Friendly Trunk or Treat- 595 Marks Road in Somers Point 5p-7p	3 Jeep Invasion- Ocean City Boardwalk. Starts at 9am.
4 Heart of Surfing- Dolphin Cruise with Atlantic City Cruises 10:45am, 800 N New Hampshire Ave, Atlantic City	5 Breastfeeding & Baby Basics, 6=6-9pm Atlantic Care LifeCenter 2500 English Creek Avenue Building 200	6 Halloween Costume Giveaway, 6-7pm, Mays Landing Library.40 Farragut Avenue	7 Science with STEM E NJ 4:00 PM-5:00 , 3073 English Creek ave, EHT NJ	8 Pokémon Club! - For teens aged 11-18. 4-5pm, Lower Cape - Joseph Millman Room	9 LEGO @ the Library, 3-4pm, 2050 Tuckahoe Road, Petersburg	10 Sensory Friendly Hayride, 4:30pm-6pm, Fleming's Junkyard 353 Zion Rd, Egg Harbor Twp, NJ, United States
11 Get Air Trampoline Park. Open Jump 12-8pm. 4403 Black Horse Pike Mays Landing	12 NAMI Family Support Group, 7-8:30pm, aint Joseph Church in Somers Point.	13 Hooked on Books, 6-7pm, 33 Martin Luther King Jr. Ave., Pleasantville	14 Zumba 18+, 5-6pm, Sea Isle Library.	15 Lego Club, 4:30-6:30pm, Absecon Library.	16 Sensory Friendly Roller Skating with Heart of Surfing, 4-6pm, Youngs Skating Center 763 Park Road , Mays Landing , NJ	17 Compost 101 Backyard Composting Workshop, 11am, ACUA- building 1, 6700 Delilah Road, EHT
18 Storybook Land Trick or Treat, 6415 E Black Horse Pike Egg Harbor Township,	19 Trunk or Treat, 5-7pm, 3073 English Creek Ave, EHT NJ	20 Demystifying Applying SSDI & SSI Explained, 6:30-7pm, Registration	21 Breast Cancer Awareness Month Workshop with Rutgers 4:00 PM-5:00 PM, 3073 English Creek Ave, EHT	22 Fall into Fire Safety 2:00PM-3:00PM, New Day Family Success Center 18 Martin Luther King Jr Ave Pleasantville	23 Lo-Fi Hangout, 3-4pm, CMCH Library, 30 Mechanic Street.	24 Adaptive Skateboarding/ Scootering with Heart of Surfing, 10:30-12pm, Brigantine Skatepark 4100 Bayshore Ave,
25 Halloween Parade 1:30pm-4pm, Perry & Washington Street- Cape May	26 Yoga & Meditation with Tarak- 4:30pm-6:00pm 3073 English Creek Ave, EHT	27 Open Swim- CAPE MAY CITY ELEMENTARY SCHOOL, 6:15pm-7:30pm, Family Swim	28 Midday Reset- Pause, Breathe, and Restore, 12:30pm-1pm, Register Here	29 Heart of Surfing Ice Cream Costume Party at TWIST, 6-8pm, 413 New Rd, Linwood	30 Movies in the Park-7pm,	31 <i>Happy Halloween !</i>