

SEPTEMBER 2026 WELLNESS CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Atlantic County FSO, 6:00 pm - 8:00 pm Junior Youth Group, ages 9-12. 950 Tilton Road, Suite #108 in Northfield	2 Cooking with Carolyn, 5-7pm, Wildwood Crest Library. 18+	3 Oceanside Family Success Center- Yoga, 11:30-12:30pm, 3201 Atlantic Avenue, Atlantic City	4 Family Success Center Diabetes Prevention 11:00am-12:00pm, 3201 Atlantic Avenue, Atlantic City, NJ 08401	5 Heart of Surfing- Ocean City NJ Surf Day, 9-12pm, 57th beach
6 Airfest-Naval Air Station Wildwood Aviation Museum, 500 Forrestal Road, Cape May, NJ 08204	7 Labor Day!	8 Atlantic County FSO, 6-8pm, Youth Group, 13-21 y/o, 950 Tilton Road, Suite #108 in Northfield	9 Unified Dance Starts, 5-10 y/o, 5:30pm-6:15pm, EHT Community Center, Room 109	10 Teen Game Night, 3-5pm, Cape May Court House library. Ages 12+	11 9/11 Patriot Day Ceremony, 6pm, Cove Beach- Cape May	12 Childbirth Class, 9-2pm, AtlantiCare LifeCenter 2500 English Creek Avenue Building 200
13 Wildwood Air Show, boardwalk or the beach- 11am	14 Breastfeeding & Baby Basics, 6-9pm, AtlantiCare LifeCenter 2500 English Creek Avenue	15 Family-to-Family, 6:30-9pm, Education program, 8 sessions, <u>Register before 9/3</u>	16 Oceanside Family Success Center- Food Distribution with JFS 1:00pm-2:00pm, 3201 Atlantic Avenue, Atlantic City	17 How Medicaid is Changing in 2027- Presentation, 6:30-7:30pm, <u>Register</u>	18 Community Assistance Pantry (CAP)- Food Pantry, 12-4pm, 6735 Black Horse Pike, EHT	19 Cape May Fall Sidewalk Sale and Antique Car show, 9am-5pm,
20 Fall Family Festival Antique Auto Show & Parade: Sea Isle City, 9-2pm, Promenade North of JFK Blvd	21 Interview Prep Workshop, 10am-1pm, Atlantic City Free Public Library, 1 N Tennessee Ave	22 Pelvic Floor Health Webinar, 12-1pm, <u>Register</u>	23 TEEN SPEAK 3:00PM-5:00PM, 3073 English Creek Ave, EHT	24 NAMI Family Support Group, 7-8:30pm, Cape May Library, 30 Mechanic Street, Cape May Court House, NJ 08215	25 Full moon Yoga, 8-9pm, Convention Hall, 714 Beach Ave Cape May, NJ 08204	26 Yoga & Sound Immersion on the Beach, 9am, Burk Avenue behind the Wildwoods Convention Center.
27 Monsters on the Beach- Monster Truck, Spicer Ave Beach, Wildwood, 2pm, \$10	28 Employment Assistance with One Stop Career Center 1:00PM-2:00PM New Day Family Success Center 18 Martin Luther King Jr. Ave Pleasantville	29 Atlantic County Division of Public Health, 11-1pm, Atlantic City Free Public Library, 1 N Tennessee Ave	30 Zumba with Kellie- 5-6pm, 18+ Sea Isle Library			