

MARCH 2026 WELLNESS CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Bowling with Heros King Pin Bowling, 1-4pm, 6622 Black Horse Pike EHT, Tickets	2 Breastfeeding & Baby Basics, 6-9pm, Atlanti-Care LifeCenter 2500 English Creek Avenue	3 First Time Home Buying seminar, 3:3-5pm (English), 5:30-7pm (Spanish) Registration	4 EHT Recreation Health and Fitness Fair, 5-8pm, 5045 English Creek Avenue Egg Harbor Township	5 Women Empowering Single Moms, 6-7:30pm, New Day FSC, 18 Martin Luther King Jr. Ave Pleasantville NJ 08232	6 Lo-Fi Hangout, 3-4pm, 30 Mechanic Street Cape May Court House, Library. Teens	7 Energy Saving Fair with Atlantic City Electric, 11-1:30pm, New Day FSC, 18 Martin Luther King Jr. Ave Pleasantville
8 80's Skate/Family skate 1-3pm & 4-6pm, Cape May Conventional Hall, 714 Beach Ave, Admission Fees: \$5	9 Lego & Board Games, 5-6pm , Wildwood Crest Library, Ages 5+, 6300 Atlantic Ave, Wildwood Crest.	10 ACFSO Youth Group, 6-8pm, ages 13-21, 950 Tilton Road, Suite #108 in Northfield	11 Employment Café with Atlantic County One Stop , 1-2pm, 3050 Spruce Ave Egg Harbor Township, NJ	12 Prenatal Care: Navigating the 3rd & 4th Trimester, 5-6pm, New Day FSC 18 Martin Luther King Jr. Ave Pleasantville	13 Lego at the Library, 3-4pm, ages 5-12, 2050 Tuckahoe Road, Petersburg- Upper Township Library.	14 Childbirth Classes, 9-2pm, AtlantiCare LifeCenter 2500 English Creek Avenue Building 200 Egg Harbor Township
15 Get Air- Trampoline Park, open Gym, 10am -8pm. Rates vary.	16 Yoga & Meditation with Tarak, 5-6pm, 3050 Spruce Ave Egg Harbor Township, NJ	17 Junior Youth Group, ACFSO, ages 9-12, 6-8pm, 950 Tilton Rd, Suite 108 Northfield, NJ 08225	18 Oceanside FSC- Food Distribution 1-2pm, 3201AtlanticAvenue, Atlantic City, NJ 08401	19 Real Talk with Men, 5-6:30pm, New Day FSC 18 Martin Luther King Jr Ave, Pleasantville	20 Advancing Population Health in a Digital World Symposium, 8-4pm, Adventure Aquarium- Cambridge	21 The Easter Eggperience provided by The Lighthouse Church of Cape May County- 1248 S. Route 9-
22 Anime Wild! 10am-4pm, Wildwoods Convention Center, 4501 Boardwalk, Wildwood	23 Latino Healthcare Day, 1-3pm, 18 Martin Luther King Junior Avenue Pleasantville	24 Energy Assistance with South Jersey Gas, 12-2pm, New Day FSC, 18 Martin Luther King Jr Ave Pleasantville	25 Harvest of the Month- Radish- Culinary lesson, 3:30-4:30pm, Oceanside FSC, Registration link	26 Living Nutritiously: A Guide for a Healthier Colon, 3:30pm- 5pm, 3050 Spruce Ave Egg Harbor Township	27 Accessible Yoga, 9:30-10:30am, Stone Harbor Library, 18+ 9516 2nd Ave, Stone Harbor	28 Yoga for Kids, 11-12pm, Egg Harbor Township Library- 1 Swift Drive Egg Harbor Township
29 Chuck-E-Cheese, 11-9pm, 4215 East Black Horse Pike Mays Landing	30 Employment Assistance with One Stop Career Center, 1-2pm, 18 Martin Luther King Jr Ave Pleasantville	31 Zumba with Kellie, 5-6pm, 30 Mechanic St, Cape May Court House- Library	 <p>CAPE ATLANTIC I.N.K. Integrated Network for Kids</p>			