

FEBRUARY 2026 WELLNESS CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Family Skate, 1-3pm or 4-6pm, Cape May Convention Hall. \$10 for admission and skate rentals.	2 Breastfeeding & Baby Basics, AtlantiCare LifeCenter 2500 English Creek Avenue, 6-9pm	3 Junior Youth Group, 6-8pm, ACFSO- 950 Tilton Road, Suite #108 in Northfield Ages 9-12	4 Hammonton Family Success Center, Food Pantry, 4-5pm, 310 Bellevue Ave. Hammonton NJ, 08037	5 Eating for a Healthy Heart, 11-12pm, Virtual, Register	6 Lo-Fi Hangout, Teen Hangout w/music and snacks, 3-4pm, 30 Mechanic Street- Library	7 Childbirth Classes, 9am-2pm, AtlantiCare LifeCenter 2500 English Creek Avenue Building 200
8 Funny Farm Animal Rescue, 8-4pm, Funny Farm Rescue & Sanctuary 6908 Railroad Blvd Mays Landing, NJ	9 One Stop Employment and Training, 12-3pm, Oceanside Family Success Center, call to register- 609-594-4990, 3201 Atlantic Ave, AC	10 STEM- Oceanside Family Success Center, 3201 Atlantic Ave, AC, 5-6:30pm	11 Cooking with Chef Ray, 6-8pm, EHT Community Center, "food is my love language", \$55	12 ACFSO Food Pantry, 10-12pm, 950 Tilton Road, Suite #108 in Northfield	13 Valentines Skate- 4-6pm or 6:30-8:30pm, Cape May Convention Hall, \$10 for admission and skate rentals.	14 Valentines Day! 
15 New moon Meditation & Sound bath 4:30pm- \$44 450 Black Horse Pike, Mays Landing	16 Presidents Day!	17 Lego Group, 4:30-5:30pm, ages 7+. Oceanside Family Success Center, 3201 Atlantic Ave, AC	18 Unified Dance, 5:30-6:15pm, 5-10y/o, EHT Community center, \$65 occurs every Wednesday.	19 Vegetarian Cooking Class , 12-2pm, Stone Harbor Library, Need to register	20 Lego at the Library, 3:30pm-4:30pm, Cape May City Library	21 National Parent Leadership Month Ice Cream Social and Craft, 11-12pm, Inland Family Success Center. 3050 Spruce Ave, Egg Harbor Township, NJ 08234
22 Shrek the Musical 3:00pm, Levoy Theatre 126-130 North High Street Millville 08332	23 Yoga and Meditation with Tarak, Inland Family Success Center, 5-6pm, 3050 Spruce Ave, Egg Harbor Township, NJ 08234	24 Youth Group- 6-8pm, 950 Tilton Road, Suite #108 in Northfield- ACFSO Ages 13-21	25 Harvest of the Month- Spinach, 3:30pm-4:30pm, 3201 Atlantic Ave, AC Ocean Side Family Success Center	26 National Alliance on Mental Health Family Support Group, Cape May Library, 30 Mechanic Street, Cape May Court House. 7-8:30pm	27 Caregiver Support Group, 10am, 950 Tilton Road, Suite #108 in Northfield ACFSO	28 Yoga in the Zoo with Sound Healing, 8:45am, Cape May Zoo