



September 2021 Cape Atlantic INK Wellness Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Inland Family Success Center Back to School Supply Pick Up 11:00AM-3:00PM 3050 Spruce Ave Egg Harbor TWP. NJ 08234	2 Labor Day Wood Craft 4-5pm Hammonton Family Success Center	3 25th Anniversary Air Fest 500 Forrestal Rd Rio Grande New Jersey 08242 10-4pm	4 Labor Day Boardwalk Craft Show- Wildwood Boardwalk on the Boardwalk at Rio Grande Ave Wildwood New Jersey 08260
5 Sensory Friendly Sunday, 9-11am Chuck E. Cheese 4215 Black Horse Pike Mays Landing New Jersey 08330	6  HAPPY LABOR DAY 	7 Hanging on Healthy Habits Mental Health Association 4pm Zoom: Meeting ID: 86411613890 Passcode: 004349	8 Create Personalized Pumpkins Michaels 4-5pm	9 SNAP Nutrition- Cooking with Kids, 430-530 Register online New Day Family Success Center 622 New York Road- Galloway	10 Spanish speaking Support group- Mental Health Association- 11am Zoom: ID: 98529342867 Code: 315414	11 
12 First Mud Run for beginners , 9-12pm, \$35 North Wildwood Beach at 13th and JFK Blvd.	13 NAMI Atlantic Cape May Family Support Group meeting 7pm-Zoom Nami1557@comcast.net	14 Pregnant Mom Support Group 630pm Mental Health Association ID: 97687744339 Code:200411	15 Muffins & Medicare 10:30AM-11:30AM Inland Family Success Center- 3050 Spruce Ave Egg Harbor TWP. NJ 08234	16 Support group for COVID positive & their loved ones. Mental Health Association, - 6:00pm Zoom: ID; 85601788077 Code:315414	17 Mindfulness Kit Pick Up 11:00AM-3:00PM Inland Family Success Center	18 HBCU College Fair 353 South New Road Pleasantville, 08232 9:00am
19 Funny Farm Rescue Animal Sanctuary 8am-4pm 6908 Railroad	20 Family Paint Night 5:00PM-6:00PM Inland Family Success Center 3050 Spruce Ave Egg Harbor TWP.	21 First time Home-Buyer Checklist 6:30-8pm https://www.eventbrite.com/e/the-first-time-homebuyers-	22 Financial Workshop- Couponing, 3-4pm New Day Family Success Center 622 New York Road- Galloway	23 Loss & Grief Support Group, 7PM Zoom Meeting ID: 89962670342 Code:735688	24 Wildwood Convention Center Fall Antique Car Show 9am-9pm	25 Fall Fun Day, 10:00am St Elizabeth Ann Seton Parish, Absecon
26 Sports Card, Toys, Comics & Collectibles Show- WW	27 Coping Strategies for this phase of the pandemic, 7pm MHA Zoom	28 Medicare Workshop. 1-3pm- New Day Family Success Center 622 New York Road- Galloway	29 Hispanic Heritage cooking video (various cultures) Hammonton Family Success Center	30 Get Air Trampoline Park Mays Landing		