

SEPTEMBER 2025 WELLNESS CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Labor Day !	2 Back to school! Book Fair, 11-7pm, Inland Family Success Center	3 Food Pantry, 4-5pm, Hammonton Family Success Center, 310 Bellevue Ave, Hammonton, NJ	4 Caregiver Support Group, 10am, ACFSO, 1129 Rt 9, CHCH.	5 Wildwood Air show– Thunder over the Waves, 11am, 7201 Ocean Ave, Wildwood Crest NJ	6 Yoga at the Cape May Zoo, 8:45am, 707 North Route 9 Cape May Court House New Jersey, 08210
7 Sensory Sundays at Chuck-E4215 East Black Horse Pike Mays Landing, 8330 - Cheese, 9am,	8 One Stop for Employment and Training 12-3, 3201AtlanticAvenue,Atlantic City, NJ 08401	9 Understanding Dementia, 11:00am, Avalon Free Public Library,235 32nd Street Avalon 08202	10 Lego Day, 4-5pm, 3050 Spruce Ave EHT NJ 08234	11 Food Pantry, 10-2pm, ACFSO, 950 Tilton Rd # 108 Northfield	12 Yoga 11:30-12:30pm, Oceanside Family Success Center, 3201AtlanticAvenue,Atlantic City, NJ 08401	13 Star Wars day at the Zoo, 10am-2:00pm, 707 North Route 9 Cape May Court House New Jersey, 08210
14 Fall Family Festival, 9am, 4008 Pleasure Ave, Sea Isle City NJ	15 Yoga & Meditation with Tarak, 5-pm, 3050 Spruce Ave EHT NJ 08234	16 Junior Youth Group, 6-8pm, ages 9-12, 950 Tilton Road, Suite #108 in Northfield	17 Food Distribution 1-2, 3201AtlanticAvenue,Atlantic City, NJ 08401	18 Zumba, 6-7pm, 2600 Bayshore Road Lower Township 08251	19 Groovy Kids, 10-12pm, 310 Bellevue Ave. Hammonton NJ, 08037	20 Rea's Harvest Fair, 10am, 400 Stevens St. West Cape May NJ
21 Risley Square Farmers Market, 9-1:30pm, 319 East Jimmie Leeds Road Galloway	22 Garden Talk with ACUA, Adding shrubs for winter interest. 5:30pm, Registration	23 Youth Group , 6-8pm, ages 13-21, 950 Tilton Road, Suite #108 in Northfield	24 Lego Club-Absecon Library, 4:00pm , 305 New Jersey Avenue Absecon 08201	25 Family Support Group for Adults with a Mentally Ill Loved One, 7-8:30pm, 30 Mechanic Street	26 RSV Prevention For Expecting/New Moms, 1-2pm, 3050 Spruce Ave EHT NJ 08234	27 Margate Fall Funfest by the Bay, 11:00 AM - 5:00 PM, Amherst Ave.
28 Funny Farm Rescue & Sanctuary 6908 Railroad Blvd Mays Landing, NJ 08330 , 8-4pm	29 Golf Fore Kids Returns Sept. 29 to Benefit Boys & Girls Club of Atlantic City, 8:30-6:00pm, 1 Leo Fraser Drive Northfield	30 Health Ease: Bone Health and Fall Prevention, 203pm, 235 32nd Street Avalon 08202				

