

# SEPTEMBER 2024 WELLNESS CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 AirFest 10-4pm, Naval Air Station WW, 500 Forrestal Rd, Cape May, NJ 08204	2 <b>HAPPY LABOR DAY</b>	3 Yoga for Strength and Balance, 10-11am, 4800 Central Avenue Sea Isle City 08243	4 Expungement Event 10am-3pm, 1433 Bacharach Ave, AC	5 Building Confidence 101 at 1:30pm, <a href="#">Building Confidence 101 Atlantic City Tickets</a> , <a href="#">Multiple Dates / Eventbrite</a>	6 Farmers Market, Rea's Farm Market- 5-8pm, 400 Stevens Street West Cape May	7 Beach Plum Farm Walking Tour, 140 Stevens Street West Cape May, NJ 08204 11-12pm
8 Atlantic City Latino Festival, 12-9pm 800 Boardwalk Atlantic City, NJ 08401	9 NAMI Atlantic/Cape May IN PERSON Support Groups, 7-9pm, 606 Shore Road Somers Point 08244	10 Zumba, 5-6pm, 30 Mechanic Street Middle Township	11 Patriots Day - 9/11 Remembrance, 9-10, 1 South Washington Avenue	12 MHA Atlantic Family Meeting, 10:30am-12pm, contact Gail Christian at 609-652-3800 ext. 0301 for link	13 Yoga, 11:30-12:30, Oceanside FSC- 32011 Atlantic Ave, AC	14 Star Wars Day At the Cape May Zoo 10am-2pm
15 Healthy Kids Running Series Fall 2024, 5-6pm, 20 Route 77 Elmer	16 Hispanic Heritage Month Cooking Demo- 5-6pm, 3050 Spruce Ave, EHT	17 Financial Literacy- 5:30-7pm Oceanside Family Success Center- 32011 Atlantic	18 Soup Kitchen Hammonton Family Success center, 4pm, 310 Bellevue Ave, Hammonton	19 Food Safety Tips, 2:30pm-3:30pm, <a href="#">Food Safety Tips with Jean Rose (Virtual Only) Tickets, Thu, Sep 19, 2024 at 2:30 PM / Eventbrite</a>	20 Baby Supplies and Resource Kits- 11-2pm, 3050 Spruce Ave, EHT	21 STEM Saturday, 11-12pm, 6500 Atlantic Avenue Ventnor City 08406
22 Community Harvest Festival, 1-6pm, 2501 Shore Road Northfield	23 Lego Class Ancient Greece Set, Hammonton Family Success Center, 4-5pm 310 Bellevue Avenue Hammonton, NJ 08037	24 Diabetes Prevention Group, 1-2pm, 32011 Atlantic Ave, AC	25 Only Soups - Squash Soup, 1-2pm, learn to make soup, 30 Mechanic Street Middle Township	26 One Stop for Employment Training, 12-3pm, Financial Literacy- 5:30-7pm Oceanside Family Success Center- 32011 Atlantic Ave,	27 Fit Fusion- 9:15am-6:30 Atlantic Avenue Wildwood Crest	28 Margate Fall Funfest by the Bay, 11-5pm, Amherst Avenue Margate City
29 Sensory Sunday's- Chuck-E-Cheese- 10am	30 Covid-19 Vaccination event and back to school bash, 1-3pm, Oceanside FSC, 32011 Atlantic Ave, AC					