



December 2021 Cape Atlantic INK Wellness Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Free photos with Santa – Bass Pro Shop in Atlantic City– 10am-7pm	2 Rising Minds (Mental Health Support for 18-30 years old) , 6-7pm Zoom: 971 713 914	3 Virtual Home-work Help– 4-7pm, Shore Family Success Center	4 Christmas at the Mansion Holiday Extravaganza– 10-5pm, 1000 Shore Road Somers Point
5 Sensory Friendly Sunday, Chuck-E-Cheese, 9-11am, 4215 Black Horse Pike, Mays Landing	6 NAMI Mental Health Support Group, 7pm, Contact nami1557@comcast.net 609-741-5125	7 Kids Seasonal Gift Pick-up and SNAP Program, Inland Family Success Center, 11-2, 3050 Spruce Ave, EHT, Ages 1-10 only	8 Winter Wonderland, Congress Hall– Cape May, 10am-9pm	9 Storybook Land – Christmas theme with Mr. And Mrs. Claus– 4:30pm-8pm	10 Open Skate at the Youngs Skating Center– \$10, 763 Park Ro, Mays Landing	11 Gingerbread House Making at New Day Family Success Center, 10-12, 622-624 New York Ave— Galloway
12 Winter Wonderland and Gillians Pier in Ocean City. 1-5pm, 6th street and the boardwalk.	13 Got Stress?– Mental Health Association, virtual—Zoom meeting numbers: 818 8357 3291 030337	14 Balance an Body Image, Mental Health Association, 7-8pm, Zoom: 834 3279 1683 164792	15 Job Skills Lab– Virtual, Atlantic City Public Library, 11:00am	16 Craft Club for teens and kids, Atlantic City Library, 3:30pm	17 ELF JR, Ocean City Music Pier, 7:30pm, \$15	18 Lego Club– Atlantic City Free Public Library– 2pm.
19 The Polar Express – Imax theater at tropicana– AC, 12:00pm	20 English to the Second Language, Virtual– AC Library, 7pm	21 HealthEASE Education Program, 10am, Cape Regional, virtual, email- mail-to:tpiratzky@cape regional.com for link	22 Depression Support Group– Mental Health Association– 7-8pm Zoom: 149330	23 Depression & Anxiety Support Group– Mental health Association– 10-12. Zoom Password: 854 2622 0982 973280	24 Healthy Mind Check-in, 3-4pm Mental Health Association, Zoom: 850 5549 8045 662571	25 
26 Get Air Trampoline Park, Open Jump 10am-8pm	27 Movie Night– Inland Family Success Center, 5-6:30pm.	28 Halfway to Girl Camp 8-11yrs old In the Center! 5-6 PM New Day FSC	29 Depression Support Group– 6-7pm 934 5705 3073	30 Halfway to Girl Camp 12-15yrs old 5-6 PM In the Center! New Day FSC	31 First Night in Ocean City, 4-12am, Boardwalk	